



DETAILED ROUTE SCHEDULE

Green = overnight stops

JO'G

Wick

Helmsdale

Brora

Tain

Dingwall

Beauly

Drumnadrochit

Fort Augustus

Spean Bridge

Fort William

Glencoe

Crianlarich

Luss

Helensburgh

Dumbarton

Clyde Cycle Route across

Glasgow

Larkhall

Abington

Crawford

Follow old road that the A74/M74 has replaced

Gretna

Longtown

Carlisle

Brisco

Penrith

Kendal

Carnforth

Lancaster

Garstang

Preston

Wigan

Warrington

Widnes

Runcorn Bridge

Frodsham

Delamare
Cotebrook
Tarporley
Whitchurch
Tilstock
Wem
Marton
Leaton
Shrewsbury
Condover
Frodesley
Church Stretton
Ticklerton
Culmington
Ludlow
Tenbury Wells
Bromyard
Bishops Frome
Ledbury
Dymock
Newent
Huntley
Westbury on Severn
Newnham
Blakeney
Lydney
Chepstow
Severn Bridge (N side)
Aust
Severn Beach
Avonmouth
M5 Avon Bridge
Portishead
Clevedon
Yatton
Congresbury
Lower Langford
Banwell
Highbridge
Bridgwater
Taunton
Wellington
White Ball
Willand
Cullompton
Bradninch
Thorverton
Crediton (close, but bypass)
Colebrooke
Coplestone

Bow
Okehampton
Railway path
Bridestowe
Lewdown
Lifton
Launceston
Egloskerry
Davidstow
Camelford
Bodmin (close, but bypass)
Tregolls
Borlasvath
St Columb Major
St Newlyn East
Zelah Hill
Goonhaven
St Agnes
Cambrose
Illogan
Camborne
Connor Downs
Hayle
St Erth
Gwallon
Marazion (St Michael's Mount)
Penzance
Land's End